

BANANA NEWS



GO DEEPER

SPECIAL WORDS

MEMORY VERSE

DISCIPLES DO
(RUN IN PLACE)
LIFE TOGETHER
(HOLD HANDS TOGETHER)

Then he said to the crowd, "If any of you wants to be my follower, you must give up your own way, take up your cross daily, and follow me." *Luke 9:23 (NLT)*

DAILY DEVOTIONS

DAY 1: A DISCIPLE OF JESUS

READ - Mark 1:17, Matthew 28:19-20

Play a game of copy cat. Act out some silly actions and have your child copy you. To follow Jesus we don't walk behind Him, we can't because He is in heaven. A disciple of Jesus tries to copy Jesus, to live like His example in God's Word, the Bible. Jesus wants us to follow His example and to share about Him with others. **Remember: Disciples Do Life Together!**

DAY 2: THE CHURCH IS THE BODY OF CHRIST

READ - 1 Corinthians 12:12-20

What if your feet decided they didn't need your eyes any more? Have your child close their eyes and see if they can walk across the room. If they are getting too close to a wall or object warn them to stop and open their eyes. Without your eyes you couldn't see where you were going! Our body... well... needs our body! Disciples are like that. We were each created to be different, but we were also created to work together as one. **Remember: Disciples Do Life Together!**

DAY 3: STRONGER TOGETHER

READ- 1 Corinthians 12:21-26

Can you name some things that you need help with? Is it always easy to ask for help? God created us to do life with others. God has given each of us different things we can do really well to help encourage, care for, and strengthen others in the Church, or Body of Christ. Can you imagine what it would be like if you tried to do everything in life without anyone else's help? **Remember: Disciples Do Life Together!**

DAY 4: SHARING EVERYTHING

READ - Acts 2:43-47

Sit down with a treat and start to eat it. Then ask if your child would like some. Split the item in half and share half with them. While eating your treat ask, "Is there something you own that is hard to share?" The disciples did life together, they helped meet each others' needs. They ate meals together. They got to know each other and became like family. It can be hard to put others first or give up something I want so that someone else can have something they need, but that is part of what it looks like to follow Jesus. What is something you can choose to share with someone this week? **Remember: Disciples Do Life Together!**

DAY 5: POWER TO SHARE

READ - Acts 2:42

Who do you spend time with to learn more about God? Who do you like to pray with? One of the most important things the Church, or Body of Christ, does is spending time learning more about Jesus together, worshipping Him together, and telling others about Him together! The church isn't about a building! It is all about the people who believe in and follow Jesus growing and learning together. **Remember: Disciples Do Life Together!**

ACTION HANDS CHALLENGE

Materials: paper, markers, scissors

The early church worked together so well, that every day people wanted to be a part of it. And if we work together like that, others will want to be a part of God's family with us. But it takes action! When Jesus was here, he used his hands to help. His children, the Body of Christ, should be like Him by helping others too.

<u>Play</u>: Sing and play "The Hokey Pokey." When you have finished, ask your child: "Aren't you glad you have feet, hands, legs, arms, and shoulders? Aren't you glad God made us all different? Remember he made you just the way he wanted you to be".

<u>Create</u>: Trace your hand on your paper and then cut it out. Think about one way you want to help someone this week. Be very specific with WHO you will help and WHAT you will help them with. Maybe you will help a parent, friend, sibling, aunt or uncle, grandparent, cousin, babysitter, etc. Then have someone help you write the name of the person on the bottom of your handprint. Next, draw what you will do for them in the middle of your handprint.

<u>Challenge</u>: Give your hand to the person you are going to help this week. God doesn't just want us to say we follow Him. He wants us to do things for each other to help and encourage each other. Disciples do life together!



Materials: paper, markers, scissors

Draw a picture of people in your life that are disciples of Jesus. Together they make up the church, the Body of Christ! Cut your picture up into a puzzle to play with.

It is always fun playing with a puzzle, but it can be very annoying when you get to the end and find a piece or two missing, especially when there are 1,000 pieces! In order to complete the puzzle fully, you need all the pieces. Imagine that each of those pieces of puzzle represented a person within the body of Christ. Each of the pieces are different, but they are all needed to help create the full picture!



Materials: None

Before bed pull your child close beside you and say, "With my heart and what I say, I will follow Jesus everyday." As you tuck them into bed sing, "Follow Me" (www.tinyurl.com/followeveryday). Then pray together, pausing after each phrase, to let your child repeat after you:

Dear God, Thank you for the people in my life who help me. Help me to be a helper to others. Help me follow You. In Jesus' name, Amen.